TEEN DRIVERS underestimate the dangers in distracted driving and are overconfident in their driving abilities.





Based on a 2009 Liberty Mutual and SADD study, teen drivers consider texting to be very distracting, yet they commonly text their friends and parents while driving.

76% of teen drivers admit to **texting** while driving.

86% report talking on a **cell phone** while driving.

Over 1/3 of teens send more than 15 texts per day while driving.



When teens admit to texting while driving, they are commonly texing the following:



friend

girlfriend or boyfriend



parent



sibling

Teen drivers consider the following the most distracting behaviors behind the wheel:



texting



under the influence



using cell phone



passengers



talking on cell phone

Although 94% of teens consider themselves to be very safe or cautious drivers, teen drivers who have crashed are significantly more likely to be engaging in the following activities while driving:



listening to loud music in the car



texting



speeding



having more than 3 passengers in the car



talking on a cell phone

The Good News!

Liberty Mutual and SADD are committed to educating teen drivers about distractions that can negatively impact their driving abilities.

Liberty Mutual offers interactive tools and resources to help facilitate ongoing dialogue between teens and their parents about safe driving habits. Learn more about keeping teen drivers safe on the road at libertymutualteendriving.com.

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